

Dorothy C. Benson Senior Multipurpose Complex **Weekly Breakfast & Lunch Menu** WEEK OF: 10/13– 10/17

| DAY                                    | BREAKFAST                                                                                                                                  | LUNCH                                                                                                                                                                                                                                  |
|----------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>MONDAY</b><br><b>Date: 10/20</b>    | Pork Sausage or Turkey Sausage<br>Oatmeal w/ Brown Sugar, Scrambled Eggs or Boiled Egg<br>Breakfast Potatoes<br>Choice of: Juice or Coffee | Entrée- Baked Vegetable Lasagna, Garlic Bread<br>Sides: Creamy Mushroom Bisque Soup, Peas & Carrots, French Green Beans, Southern Potato Salad<br>Fresh Fruit Cups, Side Salads, Assorted Desserts                                     |
| <b>TUESDAY</b><br><b>Date: 10/21</b>   | Country Ham or Turkey Sausage<br>Fluffy Pancakes, Scrambled Eggs or Boiled Egg<br>Crispy Potatoes<br>Choice of: Juice or Coffee            | Entrée- Honey Bourbon Glazed Salmon over Rice<br>Sides: Chopped Kale Salad with Beets, Almonds & Vinaigrette, Baked Sweet Potatoes, Roasted Cauliflower Medley, Sweet English Peas<br>Fresh Fruit Cups, Side Salads, Assorted Desserts |
| <b>WEDNESDAY</b><br><b>Date: 10/22</b> | Pork Bacon or Country Fried Steak<br>Grits, Scrambled Eggs or Boiled Egg<br>Hash Brown Potatoes<br>Choice of: Juice or Coffee              | Entrée- Tangy Meatballs<br>Sides: Pimento Cheese Salad, Three Bean Salad, Steamed Broccoli, Spinach Alfredo Pasta<br>Fresh Fruit Cups, Side Salads, Assorted Desserts                                                                  |
| <b>THURSDAY</b><br><b>Date: 10/23</b>  | Continental Breakfast<br><br><b>Benson 26th Anniversary</b><br><br><b>"Vegas Nights: Casino Royale" 4pm-7pm</b>                            | Box Lunch- Sandwich, Chips, Beverage, Sweet Treat<br><br><b>Benson 26th Anniversary</b><br><br><b>"Vegas Nights: Casino Royale" 4pm-7pm</b>                                                                                            |
| <b>FRIDAY</b><br><b>Date: 10/24</b>    | Pork Bacon or Turkey Sausage<br>Cheese Grits, Scrambled Eggs or Boiled Egg<br>Buttered Biscuits<br>Choice of: Juice or Coffee              | Fried Fish, Tartar Sauce<br>Sides: Stewed Lima Beans, Baked Cherry Cobbler, Grandma's Turnip Greens, Corn on the Cob<br>Fresh Fruit Cups, Side Salads, Assorted Desserts                                                               |

Lunch Time: 12pm - 1:30pm, Lunch Price: (\$3.00 + tax) = \$3.23

Breakfast Time: 8:30 am - 9:30 am, Breakfast Price: (\$2.00 +tax) = \$2.16